

2026 RESEARCH WORKSHOP

MIXED METHODS RESEARCH DESIGN

This workshop will provide an introduction to mixed methods research, including its philosophical foundations and the rationale for integrating qualitative and quantitative approaches. We will explore the continuum between qualitative and quantitative research designs, challenging the notion that they represent mutually exclusive methodologies. The session will provide an overview of four common mixed methods designs: explanatory sequential, exploratory sequential, convergent parallel, and embedded approaches. Throughout the workshop, published examples from behavioral health and health services research will be used to illustrate the strengths, applications, and key features of each design.



Dr. Rachel Oblath



Dr. Evan Myers

MONDAY 27 JULY 2026
16:00-18:00 CAT

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