COMMUNITY BASED TRAINING IN A PRIMARY HEALTHCARE MODEL

LOWER UMFOLOZI AND NGWELEZANE PLATFORM

STUDENT GUIDELINES
MESSAGE FROM THE DEPUTY VICE-CHANCELLOR: COLLEGE OF HEALTH SCIENCES

Throughout South Africa there is a need to optimize service delivery and increase the number of Health Care Professionals (HCP) in all cadres across the health spectrum. The province of KwaZulu-Natal (KZN) as a rural province and with a huge burden of disease, has a specific need for service delivery which should ideally support clinical training. The principles for supporting the National Health Insurance (NHI) by following a Primary Health Care (PHC) approach has been accepted by UKZN and the KZN Department of Health (DoH) for training of all HCPs. The KZN DoH and College of Health Sciences (CHS) of UKZN have been developing and planning a decentralized clinical training approach which will enhance clinical training to be relevant to the South African context.

Based on the principles, core values and goals of the KZN DOH and UKZN; a community partnership is developing which will include community structures and community based organizations such as recognized leadership in the relevant communities, active NGO’s, community based organizations including schools, health centres, businesses, etc. The CBTPHCM identifies the multi-complexities, systems and pillars of community engagement, it indicates the relationships that the key institutions should be aware of and is based on a specific pedagogy ensuring research is implied in all activities. Basic values associated with community practice include; cultural diversity and understanding, self-determination and empowerment, development of a critical consciousness, mutual learning and partnership with constituents and a commitment to social justice and the equal distribution of resources.

Three Decentralized Clinical Training Platforms (DCTPs) are in process of development, namely in the Ngwelezane/Empangeni area (Northern KZN), Madadeni/Newcastle area (Western KZN) and Port Shepstone area (Southern KZN). As part of this development the optimization of service delivery and inclusion of these ‘Regions’ to become part of the continuous community and clinical placement service and training platforms will provide opportunity for enhancing service delivery as well as clinical training. As a further development of the DCTPs clinical training will be extended to Regional Hospitals, District Hospitals, Primary Health Clinics and Community Health Centres. Although the literature refers to ‘Longitudinal Integrated Clerkships’ (LIC’s) as a health professional student clinical education programme, the CHS wishes to use the term ‘Continuous Clinical and Community Placement’ (CCCP), which in general will imply longer clinical immersion experience of at least one semester.

The KZN DOH and CHS of UKZN have developed a Business Plan (BP) with time frames for planning and implementation of the CCCP in CHS from 2014 – 2019. This plan includes the detail of planning for implementation, human resources and physical and educational resources for the clinical training of all HCP’s. The plan makes provision for the increase of the MBChB first year intake from 250 to 550 and the doubling of the first year intake for all other Health Sciences Programmes offered by UKZN.

These are exciting times as we – KZN DOH and CHS UKZN as partners – move forward to make history that will change clinical training in South Africa and ensure that our students are best equipped for their professional career as a HCP. I wish to assure you as our students, the CHS and KZN DOH, is dedicated to the success of this programme and wish to invite you to discuss any concerns or recommendations with the relevant staff who will support you to ensure that we can work together towards the success of CCCP.

Professor Rob Slotow
MESSAGE FROM THE COLLEGE DIRECTOR: PROFESSIONAL SERVICES

When the CBTPHCM discussions started in 2012, there was a conscious decision by the leadership of both KZN DoH and CHS UKZN that the development of decentralized clinical training and all the components of the CBTPHCM will be based on collaboration and mutual agreement between the two role players. The logistical planning for DCT is both exciting and challenging. The professional support for this programme wants to ensure that students can have a unique learning and training experience in an environment that will optimally support study opportunities and student wellbeing within the constraints of the resources available.

Engagements with and visits to the various hospitals and trainings sites are always undertaken by KZN DoH and UKZN partners together. Although a lot of the logistics pertaining to the suitability for training, resources and all the professional services needed to support our students are already in place where we are placing students in the CCCP, we are continuously planning and improving the DCTPs for increased placement.

Whilst the KZN DOH and CHS has defined the DCTPs with all HCPs in mind, the College Management has decided to allow different programmes to develop the CCCP for their students on an individual level. As we are therefore starting to place MBChB fifth years in CCCP, it is expected that students from other years and from other HCP programmes will follow suit and by 2019 there will indeed be an integrated DCTP in each one of the three identified ‘regions’. Professional Services in the College will continue to support students in CCCP.

Since 1 February 2016, the College has appointed a Decentralized Clinical Training Manager, Ms Siphiwe Mathonsi. Ms Mathonsi will be working across Schools to ensure that the resources at the DCTPs are in place and that programme delivery is happening in all HCP programmes. Students are invited to channel concerns and proposals to Ms Mathonsi directly or through professional services staff on the DCTP.

The CCCP is an exciting programme and a quantum leap forward in the clinical training of HCP students. The KZN DOH and CHS UKZN as partners in this programme will continue to work together to ensure UKZN Health Sciences students are well equipped in their professional careers.

Professor Fanie Botha
DIRECTIONS TO NGWELEZANE

29/2016

3. Continue onto Ruth First Hwy/M4 (signs for North Coast) 10.8 km

4. Take exit 182 for M41 toward N2/Umhlanga Ridge/Mount Edgecombe 500 m

5. Continue onto M41

6. Take the exit onto N2 ▲ Partial toll road 2.9 km

7. Take exit 315 toward Zululand University/Esikhawini ▲ Toll road 129 km

Take R102 to Thanduyise Dr in Empangeni 19 min (18.4 km)

8. Turn left 3.1 km

9. At the roundabout, take the 3rd exit onto R102 11.2 km

10. At the roundabout, take the 1st exit onto Ngwelezane Rd 3.5 km

11. Turn left onto Thanduyise Dr 550 m
DIRECTIONS TO LOWER UMFOLOZI WAR MEMORIAL HOSPITAL
NGWELEZANE HOSPITAL

Telephone: +27 (0) 35 901 7000  Fax: +27 (0) 35 794 1684
Email: pro.ngwelezana@kznhealth.gov.za
Physical Address: Thandisiwe Road, next to Ngwelezane Police Station
Postal Address: P/Bag X20021 Empangeni 3880
Website: http://www.kznhealth.gov.za/ngwelezanahospital.htm

LOWER UMFOLOZI WAR MEMORIAL HOSPITAL

Telephone: +27 (0) 35 907 7000  Fax: +27 (0) 86 629 2075
Email: nqobile.mkhwanazi@kznhealth.gov.za
Physical Address: 29 Union Street Empangeni 3380
Postal Address: P/Bag X20005 Empangeni 3880
Website: http://www.kznhealth.gov.za/luwmhospital.htm
LOCATION OF PROFESSIONAL SERVICE STAFF

At Ngwelezane Hospital we have a park home on the property which houses the administrator, as well as a teaching and meeting venue. The yellow arrow below is an indication of the approximate location of the park home. Outside the park home there is a shaded area which can be used as a social space.

At the Lower Umfolozi War Memorial Hospital, we have been allocated some space inside the hospital on the ground floor. This space houses the administrator, a small teaching venue and in the courtyard next to the auditorium is a social space.
We are in the process of advertising and filling the vacant post referred to above. These two staff members will take turns to rotate between the two hospitals ensuring that there is always someone available at each site, Monday to Friday from 08:00-16:30. The Admin Officer will also serve as an Academic Development Officer and provide you with the necessary support when required. Should you have any queries or need assistance please do not hesitate to approach them.
TRANSPORT

- The Transport Provider will be Marinpine trading as Olympic Bus Lines.
- The Driver will leave your Residence viz. 979 On Pearls, Soapberry Street, Richards Bay every weekday morning **promptly @ 07:00** (this may be revised once we have a better idea of the traffic flow)
- Transport will proceed to Ngwelezana Hospital – to drop off the respective students.
- Transport will then proceed to Lower Umfolozi War Memorial Hospital and drop the remaining students.
- In the afternoons the Driver will pick up students from Lower Umfolozi War Memorial Hospital **@16:00**.
- Proceed to Ngwelezana Hospital to pick up the respective students.
- The driver will then transport all students to Res.
- No changes to these times will be entertained except for any emergencies or any other specific ‘field trips’ that may be conducted.
- Students that are on Intake will be transported from their respective sites **@ 22:00** every weekday.
- Transport will also be provided for weekend Intakes – times will be confirmed by the Consultants.
- Students are encouraged to be punctual.

WHILE IN HOSPITAL

- Students to wear their white coats at all times during hospital hours.
- Student’s cars will **not** be allowed inside hospital premises.
- Students are expected to display their student cards at all times.
- Students will be allowed to order lunch from the hospital kitchen, for more information, contact hospital management (Lower Umfolozi Memorial Hospital only).

CONNECTIVITY

- UKZN LAN connectivity, printing facilities and WiFi is provided in the CBTPHCM Ngwelezane Park Home and CBTPHCM LUWMH site offices.
- WiFi connection will also be provided to students at the Residence in Richards Bay.
ACCOMODATION

Res 979 on Pearls, Soap Berry Street, Richards Bay

Each flat consists of 3 bedrooms, a communal bathroom and kitchen with a washing machine to share. Each room consists of a bed, side table, cupboard and desk. The kitchen contains a microwave, fridge, stove and oven, basic crockery and cutlery. Students are requested to please abide by the body corporate rules and regulations at all times.

Electricity: The flats are equipped with prepaid electricity. The Administrative staff will ensure that there is credit on the electricity meter. If problems are experienced, please report it to the Administrative staff.

Cleaning of Flats

- Each student is responsible for the cleaning of their own room.
- Common areas such as the Kitchen and Bathroom will be cleaned on a weekly basis.
1. Student Conduct
   a) All UKZN students are expected to comply with the “Rules for Students.”
   b) Students in the CHS pursuing degrees involving clinical work are expected to act in accordance with the ethical norms laid down by the HPCSA.
   c) Students presenting with Impairment (physical, mental) impacting on fitness to practice and/or unprofessional conduct on-campus, off-campus, in hospitals, clinics and in public spaces, that may as a result bring the institution into disrepute, will be managed according to University Rules, the HPCSA stipulations and the College Policy on “Fitness to Practice.”

2. Communication Protocol: The following flow chart illustrates the communications protocol when reporting student incidents (academic and non-academic). In instances where Schools may not have an incumbent in a designated post the communication will escalate to the next level.
PROCEDURE FOR NEEDLE-STICK INJURIES, AND MEDICAL EMERGENCIES FOR UKZN STUDENTS BASED AT THE DECENTRALISED CLINICAL TRAINING SITES

1. Incidents of needle stick injuries and other medical emergencies will be managed according to the respective hospitals Occupation Health Protocol.

2. IMMEDIATELY following the incident:
   a) Report the event to the supervising consultant on site who will inform the Medical Manager

3. Inform the UKZN Occupational Health at the Student Health Clinic in Durban the next working day (office hours only):
   a) Appropriate information, as required by UKZN Occupational Health, will be obtained.
   b) Ongoing treatment will be provided on students return to campus

MEDICAL SERVICES

At both LUWMH and Ngwelezane Hospital, students can visit the in-hospital clinic for minor illnesses and ailments. Students will have to present their student card and clearly indicate to the relevant hospital staff that they are UKZN students.

For after-hours illness, students with private medical cover may use their option to contact their private practitioner of choice. All students are covered by the UKZN Student Services Medical Cover which will allow students to be transported by Netcare 911 to the nearest provincial hospital. See below for contact details.

UKZN OCCUPATIONAL HEALTH

Contact either
Dr S Cheevers
Occupational Health Medical Practitioner
cheevers@ukzn.ac.za
Tel: 0312604045

Or
Sister N Jali
Occupational Health Nursing Sister
jalin1@ukzn.ac.za
Tel: 0312604045

AFTER HOURS MEDICAL EMERGENCIES

FOR ALL MEDICAL EMERGENCIES, AMBULANCE/EMERGENCY TRANSPORT
CALL: 082911

Contact:
Richard Schouten [Operations Manager Netcare911 ~ Richards Bay Area] ~ 0727327833
Vernon Naidoo ~ 0827196529

MANAGEMENT OF PSYCHIATRIC EMERGENCIES FOR UKZN STUDENTS BASED AT THE DECENTRALISED CLINICAL TRAINING SITES

For all psychiatric emergencies, contact:
Dr. V.N. Khanyile, HOD: Psychiatry [Ngwelezane Hospital]
Email: khanyilev@ukzn.ac.za
Cell: 0827814078, Tel: 035 9017266, Speed Dial: (3771)
Our purpose:
• SSS plays a critical role in enhancing the wellness, holistic growth and development of students.
• We provide students with constructive help to support them as they navigate their way through their journey from 1st year through to graduation.
• Our Services are designed to impact on the student in both the “Teaching and Learning’ and the ‘Living and Learning’ contexts.

Services offered:
We offer a free, professional and confidential counselling, career and academic support service to all registered and prospective students of CHS. Some specific services offered are:
• Personal/Career Assessment and Counselling
• Career Development Services
• Academic Skills Programmes
• Structured Student Retention and Throughput Programme
• Crises/Trauma Management
• Lifeskills Development Programmes
• Peer Wellness Mentoring
• Academic Orientation
• Living and Learning Communities

Contact us on:
➢ Westville Campus: Block E3, [opposite the cafeteria] 031-2607087/7581
➢ Howard College Campus: Level 1, Desmond Clarence Building, Room 011/012, 031-2608060/4994
➢ Medical School Campus: 2nd Floor, Main Building, Room 238, 031-2604795/4595
➢ Pietermaritzburg Campus: Resource Centre, Denison Building, Ground Floor, Tel: 033-2606390 [Monday, Wednesday, Friday 5-8 p.m. only]

For appointments email: chs.sss@ukzn.ac.za

Your passport to success from first year to graduation
NGWELEZANE HOSPITAL

OFFICE OF THE MEDICAL MANAGER

Postal Address
Private Bag X200
21, Empangeni 3880

Physical Address
Thanduyise Ngwelezana Towns
Empangeni 3880

Tel: 035 – 9017273
Email: tobias.gumede@kznhealth.gov.za

Fax: 035 – 7941883
www.kznhealth.gov.za

EXTENSIONS/SPEED DIALS AND EMAILS FOR HOD’S

<table>
<thead>
<tr>
<th>HOD</th>
<th>DEPARTMENT</th>
<th>EXTENSION &amp; SPEED DIALS</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Dr B.S. Madlala</td>
<td>Medical</td>
<td>Nil</td>
<td><a href="mailto:bright.madolala@kznhealth.gov.za">bright.madolala@kznhealth.gov.za</a></td>
</tr>
<tr>
<td>Dr E.E. Orisakwe</td>
<td>Thuthuzela</td>
<td>Speed dial 3361</td>
<td><a href="mailto:Emeka.orisakwe@kznhealth.gov.za">Emeka.orisakwe@kznhealth.gov.za</a></td>
</tr>
<tr>
<td>Dr. M. Naidoo</td>
<td>Surgery</td>
<td>7197 Speed dial (3371)</td>
<td><a href="mailto:maheshwars.naidoo@kznhealth.gov.za">maheshwars.naidoo@kznhealth.gov.za</a></td>
</tr>
<tr>
<td>Dr. P. Rollinson</td>
<td>Orthopaedics</td>
<td>7062 Speed Dial (3146)</td>
<td><a href="mailto:paul.rollinson@kznhealth.gov.za">paul.rollinson@kznhealth.gov.za</a> / <a href="mailto:Rollinson@mweb.co.za">Rollinson@mweb.co.za</a></td>
</tr>
<tr>
<td>Dr. O. Harbor</td>
<td>FMD</td>
<td>7163 Speed Dial (3076)</td>
<td><a href="mailto:ogbo.harbor@kznhealth.gov.za">ogbo.harbor@kznhealth.gov.za</a></td>
</tr>
<tr>
<td>Dr. D. Wood</td>
<td>EMU</td>
<td>7249 Speed Dial (3189)</td>
<td><a href="mailto:darryl.wood@kznhealth.gov.za">darryl.wood@kznhealth.gov.za</a></td>
</tr>
<tr>
<td>Dr. B Shoba</td>
<td>Int. Medicine</td>
<td>3475 Speed Dial (3359)</td>
<td><a href="mailto:bonga.shoba82@gmail.com">bonga.shoba82@gmail.com</a></td>
</tr>
<tr>
<td>Dr. S. Sewpersad</td>
<td>Anaesthesitics</td>
<td>7276 Speed Dial (3175)</td>
<td><a href="mailto:selinasewpersad@gmail.com">selinasewpersad@gmail.com</a></td>
</tr>
<tr>
<td>Dr. V.N. Khanyile</td>
<td>H.O.D. Psychiatry</td>
<td>7266 Speed Dial (3771)</td>
<td><a href="mailto:khanyilev@ukzn.ac.za">khanyilev@ukzn.ac.za</a></td>
</tr>
<tr>
<td>Dr. I Popa</td>
<td>ICU</td>
<td>7268 Speed Dial (3188)</td>
<td><a href="mailto:lonel.popa@kznhealth.gov.za">lonel.popa@kznhealth.gov.za</a></td>
</tr>
<tr>
<td>Dr. S. Singh</td>
<td>Ophthalmology</td>
<td>7169 Speed Dial (3052)</td>
<td><a href="mailto:Shaneel777@yahoo.com">Shaneel777@yahoo.com</a></td>
</tr>
<tr>
<td>Dr. N. Shabalala</td>
<td>Radiology</td>
<td>7117 Speed Dial (3181)</td>
<td><a href="mailto:n.shabalala@yahoo.com">n.shabalala@yahoo.com</a></td>
</tr>
<tr>
<td>Dr TK Naidu</td>
<td>ENT</td>
<td>083 5259800</td>
<td><a href="mailto:tesuven@gmail.com">tesuven@gmail.com</a></td>
</tr>
</tbody>
</table>
LOWER TUGELA WAR MEMORIAL HOSPITAL

DIRECTORATE: OFFICE OF THE MEDICAL MANAGER

**Postal Address**
Private Bag X20005
EMPANGENI, 3880

**Physical Address**
Union Street
EMPANGENI, 3880

**Tel:** 035 9077008
**Email:** ileana.Pop@kznhealth.gov.za

**Fax:** 0866292075
**www.kznhealth.gov.za**

<table>
<thead>
<tr>
<th>NAME AND INITIALS</th>
<th>RANK</th>
<th>E-MAIL ADDRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. I. Popa</td>
<td>Medical Manager</td>
<td><a href="mailto:ileana.popa@kznhealth.gov.za">ileana.popa@kznhealth.gov.za</a></td>
</tr>
<tr>
<td>Dr. L. Govender</td>
<td>Head of Department: Obstetrics and Gynae</td>
<td><a href="mailto:Logie.govender@kznhealth.gov.za">Logie.govender@kznhealth.gov.za</a></td>
</tr>
<tr>
<td>Dr. CN Kapongo</td>
<td>Head of Department : Paediatrics</td>
<td><a href="mailto:Ndaye.kapongo@kznhealth.gov.za">Ndaye.kapongo@kznhealth.gov.za</a></td>
</tr>
<tr>
<td>Dr. VM Mpungose</td>
<td>Head Clinical Unit: Anaesthesia</td>
<td><a href="mailto:Vincent.mpungose@kznhealth.gov.za">Vincent.mpungose@kznhealth.gov.za</a></td>
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<th>SPECIALTY</th>
<th>SUBURB</th>
<th>CONTACT DETAILS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gwala, Siphelele I</td>
<td>Psychologist - Clinical</td>
<td>Empangeni</td>
<td>+27 35 772 7253 7 Carrington, 10 Ukula Street, Empangeni, 3880</td>
</tr>
<tr>
<td>Hall, Shelley K</td>
<td>Psychologist - Clinical</td>
<td>Empangeni</td>
<td>+27 63 055 2172 St Catherine's, Higgs Road, Empangeni, 3880</td>
</tr>
<tr>
<td>Mbizana, Clifford</td>
<td>Psychologist - Counselling</td>
<td>Empangeni</td>
<td>+27 82 726 4127 Tamela Buildina, Lot 448 Union Street, Empangeni, 3880</td>
</tr>
<tr>
<td>Tshabalala, Phumelele R</td>
<td>Psychologist - Counselling</td>
<td>Empangeni</td>
<td>+27 35 902 6607 26 Anthony Crescent, Empangeni, 3880</td>
</tr>
<tr>
<td>Sibaya, Patrick T</td>
<td>Psychologist - Counselling</td>
<td>Kwadlangezwa</td>
<td>+27 35 902 6628 Univ of Zululand, Educational Psychology Dept., Kwadlangezwa</td>
</tr>
<tr>
<td>Tjelele-Mqiase, Mathinyane W</td>
<td>Psychologist - Counselling</td>
<td>Kwadlangezwa</td>
<td>+27 35 902 6605 Prefab A D7, University of Zululand Dept of Psychology, Kwadlangezwa</td>
</tr>
<tr>
<td>Nzima, Dumisani RS</td>
<td>Psychologist - Clinical</td>
<td>Ngwelezana</td>
<td>+27 35 902 6240 Stand B510, Ngwelezana</td>
</tr>
<tr>
<td>Chetty, Julie</td>
<td>Psychologist - Counselling</td>
<td>Richards Bay</td>
<td>+27 83 549 4852 Smartclam Building, 95 Dollar Drive, Richards Bay, 3900</td>
</tr>
</tbody>
</table>

**STUDENT WELLNESS**

Your wellness as students is important to us. Listed below are the details of the Psychologists available in the area for those students who wish to access private services at their own cost.
ACTIVITIES AROUND RICHARDS BAY

THE NEAREST MALL

Boardwalk Inkwazi Shopping Centre
   Kruger Rand Road
   Centre Management: 035 789 7251/2
   GPS co-ordinates: S 28° 45' 0.36" E 32° 3' 6.48"
   Website: [http://www.boardwalkinkwazi.co.za/](http://www.boardwalkinkwazi.co.za/)

“Beneath the cultural and historical warmth of the Zululand sun, stands a majestic oasis of retail and leisure innovation, cradling over 65,000m² of shopping pleasure. Affectionately known as “the Heart of Zululand”, Boardwalk Inkwazi boasts over 160 stores – ranging from culinary couture to en vogue fashions, chic home décor and digital alternatives.”

Retail Hours:
   Monday - Thursday  09:00 - 18:00
   Friday            09:00 - 19:00
   Saturday          09:00 - 17:00
   Sunday            09:00 - 15:00
   Public Holidays   09:00 - 15:00
1. Port Sail Charters
2. Sunset Cruises Boat Trip
POINTS OF INTEREST (NATURE LOVERS)

1. uMlalazi Nature Reserve
2. Enseneni Nature reserve
3. Ithala Game Reserve

RESTAURANTS

1. Ocean Basket
2. Panarottis
3. Dros – by the Harbor
4. Mojito’s
5. Nandos
6. KFC
7. Wimpy
8. John Dory’s
9. Dominos
10. Bronco Greek Spur
And many more ....... go to www.diningout.co.za

THE UKZN COLLEGE OF HEALTH SCIENCES
WISHES YOU EVERY SUCCESS WITH YOUR
COMMUNITY BASED TRAINING